Coverage for: Individual, Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact 1-718-625-6300. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-718-625-6300 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$5,000 person / \$10,000 family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	Yes. Prescription drugs are subject to the medical deductible.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this <u>plan</u> covers.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,000 person/ \$16,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance billing charges (unless balance-billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	No. See www.Multiplan.com/phcspracanc	Providers outside of the PHCS network will be processed in accordance with "Referenced Based Pricing (RBP) and reimbursed at the in-network benefit level.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	30% <u>coinsurance</u>		None	
If you visit a health	Specialist visit	30% coinsurance		None	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge		You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	30% <u>coinsurance</u>			
ii you nave a test	Imaging (CT/PET scans, MRIs)	30% coinsurance		<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , services will not be covered.*	
If you need drugs to treat your illness or	Generic drugs	\$20 <u>copay</u> / Retail prescription \$40 <u>copay</u> / Mail Order	Not Covered	Covers up to a 3 retail 30 days fill (retail subscription); 90 day supply (mail order prescription). \$100 surcharge applies for	
condition More information about	Preferred brand drugs	\$40 <u>copay</u> / Retail prescription \$80 <u>copay</u> / Mail Order	Not Covered		
prescription druq coverage is available at	Non-preferred brand drugs	\$60 <u>copay</u> / Retail prescription \$120 <u>copay</u> / Mail Order	Not Covered	employee that continues to fill scripts that are covered by CanRx.	
www.proactrx.com	Specialty drugs	Not Covered			
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% <u>coinsurance</u>		<u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , services will not be covered.*	
surgery	Physician/surgeon fees	30% <u>coinsurance</u>		<u>preauthorization,</u> Services will not be covered.	
If you need immediate	Emergency room care	30% coinsurance		Copay Waived if admitted Coverage is limited to Urgent Emergency Room visits only	
medical attention	Emergency medical transportation	30% coinsurance		Coverage is limited to Emergency Ground Transportation only	
	<u>Urgent care</u>	30% <u>coinsurance</u>		None	
If you have a hospital	Facility fee (e.g., hospital room)	30% <u>coinsurance</u>		Preauthorization is required. If you don't get	
stay	Physician/surgeon fees	30% <u>coinsurance</u>		preauthorization, services will not be covered.*	

^{*} For more information about limitations and exceptions, or to request the SPD contact us at 1-718-625-6300.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
If you need mental health, behavioral	Outpatient services	30% coinsurance		None
health, or substance abuse services	Inpatient services	30% <u>coinsurance</u>		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
	Office visits	30% coinsurance		None
If you are pregnant	Childbirth/delivery professional services	30% coinsurance		None
, , ,	Childbirth/delivery facility services	30% coinsurance		Preauthorization is required. If you don't get preauthorization, services will not be covered.*
	Home health care	30% coinsurance		Coverage is limited to 40 days per year. Preauthorization is required. If you don't get preauthorization, services will not be covered.*
16	Rehabilitation services	30% <u>coinsurance</u>		Coverage is limited to 30 combined visits per year
If you need help	<u>Habilitation services</u>	Not Covered		None
recovering or have other special health needs	Skilled nursing care	30% <u>coinsurance</u>		Coverage is limited to 60 days per year. <u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , services will not be covered.*
noous	<u>Durable medical equipment</u>	30% <u>coinsurance</u>		<u>Preauthorization</u> is required when the amount is > \$500
	Hospice services	30% <u>coinsurance</u>		Coverage is limited to 30 days per year <u>Preauthorization</u> is required. If you don't get <u>preauthorization</u> , services will not be covered.*
If your child poods	Children's eye exam	30% <u>coinsurance</u>		Coverage is limited to 1 exam per 24 months
If your child needs dental or eye care	Children's glasses	No Charge		Coverage is limited to \$100 per 24 months
dental of eye care	Children's dental check-up	Not Covered		None

^{*} For more information about limitations and exceptions, or to request the SPD contact us at 1-718-625-6300.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Dental Care

- Habilitation Services
- Infertility treatment
- Long term care
- Medical Care when traveling outside the U.S.
- Private Duty Nursing
- Routine Foot Care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic Care

Eye Exam

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA or visit www.dol.gov/ebsa/healthreform; Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or visit www.apatpa.com; or please call APA at 1-718-625-6300 or visit www.apatpa.com other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: APA at 1-718-625-6300 or visit <u>www.apatpa.com</u>.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>. **Language Access Services**:

If you are in need of language assistance, please reference the multi-language taglines and nondiscrimination notification at the end of this document, or call us at 1-718-625-6300

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.----

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Total Example Cost

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
■ Specialist coinsurance	30%
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$5,000	
Copayments	\$0	
Coinsurance	\$2,340	
What isn't covered		
Limits or exclusions	\$0	
The total Peg would pay is	\$7,340	

\$12,800

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
■ Specialist coinsurance	30%
Hospital (facility) coinsurance	30%
Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*alucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

Cost Sharing		
Deductibles	\$5,000	
Copayments	\$0	
Coinsurance	\$720	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$5,720	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
■ Specialist coinsurance	30%
■ Hospital (facility) coinsurance	30%
Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment *(crutches)*Rehabilitation services *(physical therapy)*

Total Example Cost	\$1,900

In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,900	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,900	