



One Membership. Thousands of Ways to Stay Active and Save Money.



12,200+ GYMS



10,800+ ON-DEMAND VIDEOS



1:1 WELL-BEING COACHING

How to get started:

1. Visit the dedicated link from your employer, association, or health plan to access the Active&Fit Direct™ website.
2. Search for a fitness center or studio near you by entering your ZIP code, or City and State, in the fitness centers search box.
3. Select your gym then create an account and pay your initial fees. You'll pay for your first 2 months, plus an enrollment fee. **(The enrollment fee is waived for standard gyms through November 30!)**
4. Print your fitness card or save it to your phone, and take it with you to your fitness center of choice. You can also immediately access over 10,800 workout videos so you can work out at home or on-the-go.
5. Want to add your spouse? Enroll your spouse or domestic partner directly from your Active&Fit Direct dashboard!²

**SIGN UP LINK WILL BE A
AVAILABLE AFTER 01/01/2024.**

¹\$28 enrollment fee waived for standard fitness centers only 10/1/23 12:01 a.m. - 11/30/23 11:59 p.m. PT.

²Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees will vary based on fitness center selection.

³Plus an enrollment fee and applicable taxes for standard fitness centers. Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

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